



Your IPP Bill of Rights

- 1) You have a right to **an Individual Program Plan and a right to make many choices in your life**; including how you spend your time, how you learn, where and how you work, how you spend leisure time, and how you pursue your future. This is the heart of the Lanterman Act: that you, not the state or the regional center, know what you need. Now the state wants to define “Best Practices” but the promise of the Lanterman Act is that you decide what is best for you.
- 2) You have a right to have **your choices respected** and to be presented with opportunities by public and private agencies to exercise your decision-making.
- 3) You have the right to have **your needs and preferences taken into account** when you develop your IPP.
- 4) You have the right to **receive relevant information** in an understandable form to aid you in making choices and developing your IPP.
- 5) You have the right to have **a designated representative receive written notice of all meetings** to develop and revise your IPP and to receive all notices sent to you.
- 6) You have a right to have **all services and supports you receive written into your IPP**, whether they are free, you pay for the service or the regional center incurs the cost.
- 7) You have a right to an IPP that is **complete and accurate** at the time you sign it.
- 8) You have the right to have a **decision-maker present at your IPP** planning meeting.
- 9) You have the right to **audio record your IPP** by giving 24-hour notice.
- 10) You have the right to **convene another meeting within 15 days** if a final agreement cannot be reached at your IPP meeting.
- 11) You can request a review of your IPP at any time. You have a right to **review and/or change your IPP within 30 days** after your request is submitted.
- 12) You have a right to a **Fair Hearing if you do not agree** with the plan as a whole or any part of it.
- 13) You have a right to **include in your IPP the start dates and timelines** for your services and supports.
- 14) You have a right to **identify in your IPP the provider and/or vendor** of each service that you will be using.
- 15) You have a right to **file a complaint directly to the director** of a regional center or to the director of the Department of Developmental Services if you believe your rights have been withheld or denied by a regional center or a service provider.

If you or your family member qualifies for services and you didn't realize you had these rights, you are not alone. As we have conducted parent meetings around the state, we rarely find individuals who understand all of these and other legal rights found in Section 4646 of the Welfare and Institutions Code of California.

Read about all of your rights as expressed in the Lanterman Act at DDS.ca.gov.